



Rashid Hospital Emergency Department

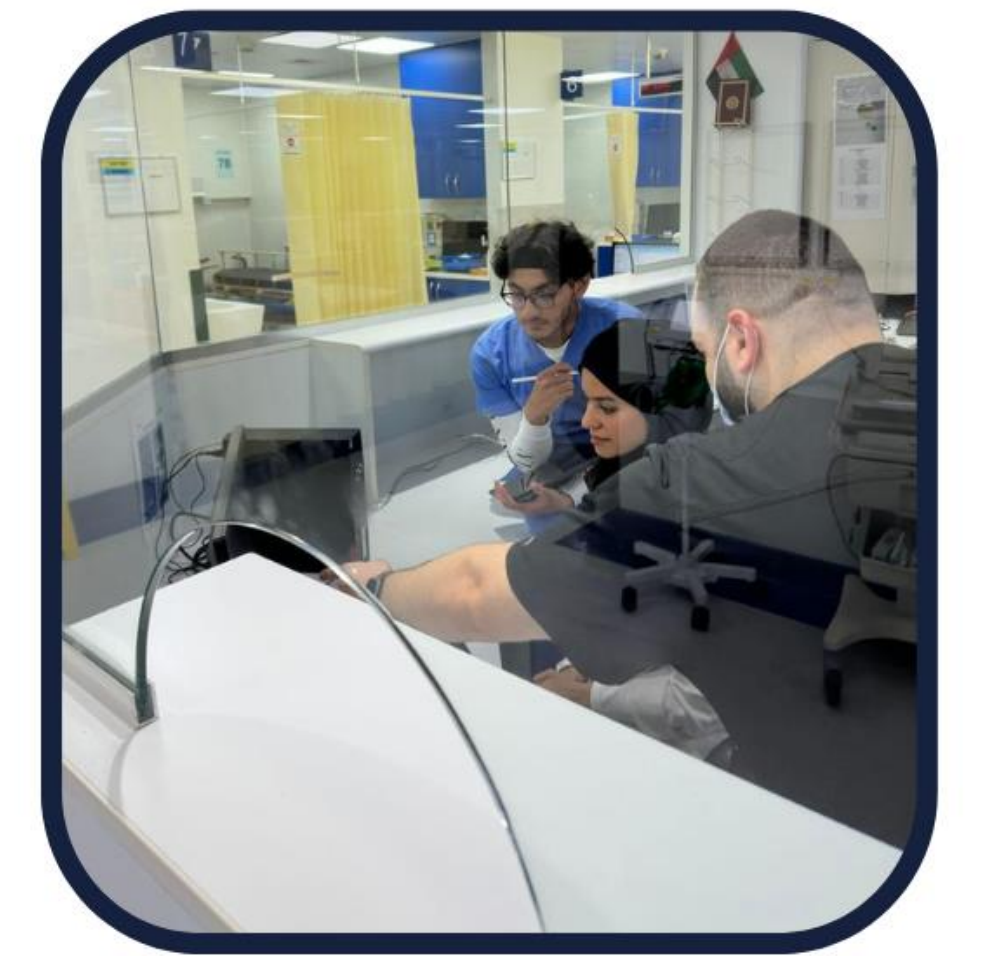
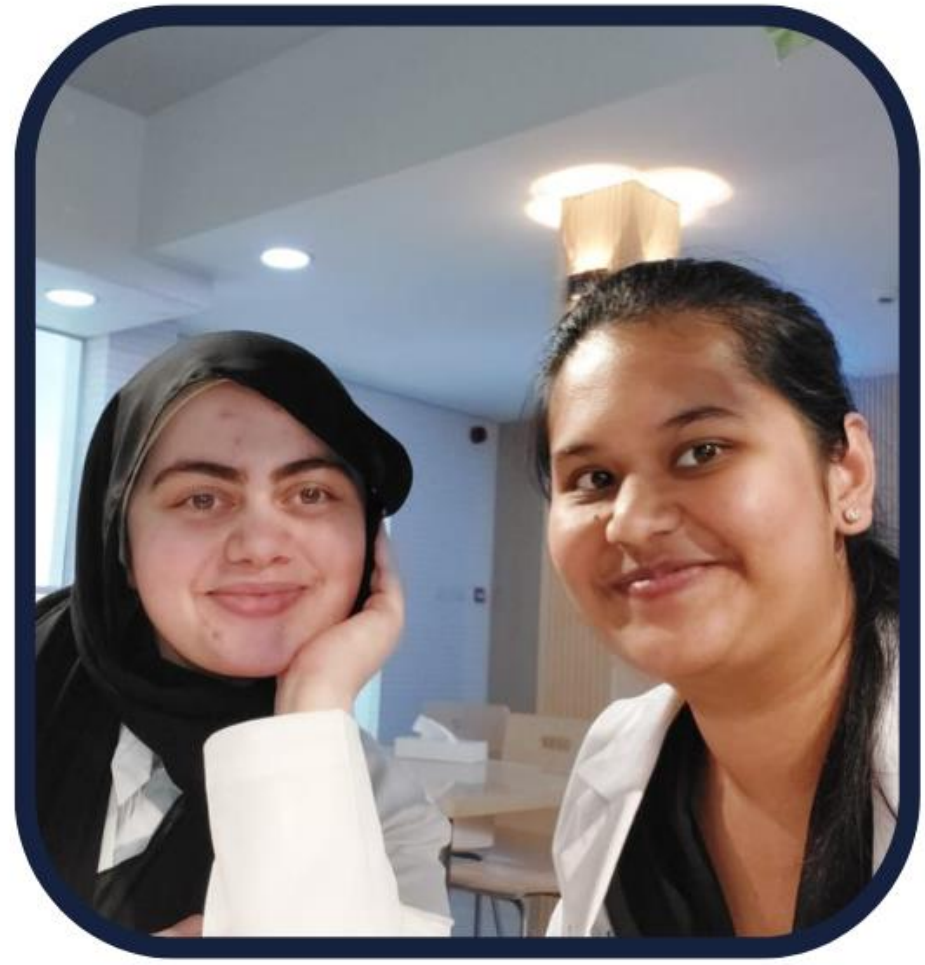


هيئة الصحة بدبي
DUBAI HEALTH AUTHORITY

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*How can a Year - 1 traverse their way through
the **LARGEST** Trauma Center in the Region?*



RHED – and why is the best?

Rashid Hospital is a tertiary specialized academic hospital, which includes a state-of-the-art Emergency & Trauma Centre.

Established in **March 1973**. The hospital is one of busiest in the region, with **68-bed emergency department**, it is considered a major disaster facility for Dubai and the Northern Emirates.



A typical day at RHED!

We started with excitement & full of eagerness to learn, and RHED did NOT disappoint!

Starting our shifts by reporting to the Shift Captain, we get ourselves assigned to our respective Doctors!

Following introductions, we observe, take history & assist in basic procedures under supervision!

A Case that stuck with us:

A man pertaining a **fall injury from a fall of 1 meter**. The man exhibited an overly suspiciously long list of injuries, ranging from Right Peri-Orbital Hematoma & Lip Contusions.

CT showed Right Maxillary & Zygomatic Fractures. Fractured Lateral Maxillary Sinus Wall, with flesh in the Sinus.

This **suspiciously long list of abnormalities** were noted, including compressed fractures of L1, L2 & L3. The patient was referred to Trauma & Orthopedic Department.



Learning from ourselves 6 years in the future?

The Academic & Intern Day for the Residents & Interns were a chance to see how the doctors we aspire are still learning & pursuing their path to be Emergency Specialists!

The Day proceeded with Case Presentations & Discussions from the residents that volunteered.

As we observed we learned about the peculiar cases that came up the past month!

Learning had no Limits

We were given the opportunity to **take History, Clean Wounds & assist in basic procedures** under the supervision of Doctors.

At RHED, our learning truly had no limits & were **rather flared by the enthusiasm of the doctors who loved to teach!**

An Unfathomable Experience!

One of the the most life-changing days in during our program was when we got to witness first-hand a mass-casualty!

With the rapid change of mood, to the extreme speed at which every Emergency Physician jumped into action.

Observing from a corner in the Resuscitation Room we saw how all ER Specialists tried their best to stabilize the 5+ patients brought in from an unfortunate Diesel Tank Explosion!



Applying our 365 days of Knowledge

During this program, We applied the knowledge gained during Clinical Medicine lectures at MBRU to consultations with patients- using the **Calgary-Cambridge Model, SOCRATES, and ABCDE**.

As Phase I medical students, the opportunity to become a part of the healthcare team was an unforgettable experience.

These events showed us the true meaning of quote by Hippocrates: "Wherever the art of medicine is loved, there is also a love of humanity."

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